

MEDICAL EMERGENCY ACTION PLAN

FOR REGATTA WAY, Gamston, Nottingham, NG2 5AT



FIRST AID FACILITIES:-

DEFIBRILLATOR	Located in the lobby of the Clubhouse to the right next to the ladies toilets
FIRST AID ROOM	Located off the lobby to the left past the changing rooms
STRETCHER	Located in the First Aid room

ACCESS ROUTES:-

FOR AMBULANCE	Ambulance parking bay in the car park, first space as you enter the car park
FIRST AID ROOM TO AMBULANCE	Concrete path from ambulance bay to First aid Room
PITCHES TO AMBULANCE	All pitches are within easy walking distance of the ambulance parking bay, however access onto pitches can be made to the right of the clubhouse

OTHER INFORMATION:-

Nearest Hospital with A& E Department	Queens Medical Centre, Derby Road, Nottingham, NG7 2UH
Telephone number	(0115) 924 9924
Directions to the Hospital	Leave Regatta Way towards A6011/Radcliffe Road, Turn left on onto Radcliffe Road. At the roundabout, take 2nd exit onto A52/Gamston Lings Bar Road, Pass through 2 roundabouts remaining on the A52. Once over the flyover on the A52 take the sliproad left (North Road) signpost QMC. Follow hospital signs for parking and A&E department
Journey time:	Approximately 14-16 minutes
Nearest Walk in Centre (WIC) address	NHS Walk-in Centre, London Road, Nottingham, NG2 4LA
Telephone number:	(0115) 883 8500
Journey time:	Approximately 12-14 minutes
Directions to the Hospital:	Leave Regatta Way towards A6011/Radcliffe Road, bear left onto A6520 Radcliffe Road. Then turn right onto the A60 London Road over Trent Bridge and continue on this road until you reach the BBC roundabout. Take the 4th exit so you are returning back onto London Road. Take the first left City Link into the NHS walk-in centre car park.